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# Control of Substances Hazardous to Health (COSHH)

# Introduction

The Control of Substances Hazardous to Health (COSHH) Regulations is a UK statutory instrument that requires employers, by law, to protect their employees from exposure to dangerous substances.

This succinct and memorable course is split into four bite-sized modules. These cover the Regulations, what substances hazardous to health are, the responsibilities of the employee and the employer, and what good practice means in the workplace. After completing this course you will feel confident in knowing what is required of you regarding COSHH in your workplace.

# Audience

This course is suitable for employees and employers in the UK, in industries or workplaces that work with or create substances hazardous to health. Examples include but aren't limited to:

- Offices
- Hospitals
- Care homes
- Leisure centers
- Fire stations
- Building sites
- Bakeries
- Garden centers
- Fuel stations
- Workshops
- FactoriesLaboratories

# Objectives

In this course you will learn:

- What the COSHH Regulations are and why COSHH law is needed
- How it is implemented, and the importance of risk assessments
- What a substance hazardous to health is and some consequences of exposure
- The COSHH symbols
- How to identify risks in the workplace, and gather and relay information
- How to develop and implement control measures
- How to maintain, monitor, and review exposure
- What emergency plans should entail, and
- Who to go to with questions

# Modules

This course contains the following modules:

#### Module name

COSHH Regulations Substances hazardous to health Responsibilities of the employer and employee Good practice in the workplace

### Content

In this course you will learn:

What the COSHH Regulations are; why COSHH law is needed; how it is implemented; about risk assessments; what happens when COSHH isn't adhered to; what a substance hazardous to health is; what the routes of entry are; the consequences of exposure; the COSHH symbols; how to identify risks in the workplace; how to gather and relay information; how to develop and implement control measures; how to maintain, monitor, and review exposure; the eight principles of COSHH; about being responsible for yourself; how to plan for emergencies, and; who to go to with questions













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