Bullying and Cyberbullying

Introduction

Bullying is a universal issue that can affect anyone, from families, to schools and communities. Cyberbullying in particular is on the rise, and it's impact can be severely damaging and far-reaching.

This course explores the negative effects of bullying in any form, and teaches positive strategies and solutions for those working with young people who experience bullying.

Audience

This course is intended for all children's workforce practitioners, i.e. all staff who work with children, young people and their families.

Although this course forms part of an induction programme for new starters, it is also intended for all practitioners who want to improve their knowledge and continue their professional development.

Objectives

In this course you will learn:

• The definition of bullying and cyberbullying
• The different types of bullying
• How to recognise the signs a person is being bullied, or bullying
• The technology and methods used by cyberbullies
• What to do if you suspect a child is being bullied or cyberbullied

Modules

This course contains the following modules:

Module name
Bullying
Cyberbullying

Content

Here are some of the topics covered in this course:

The extent of the problem | Definition of bullying | Types of bullying | Motivations | Who is bullied | Why young people think they are bullied | Who becomes a bully | Where does bullying happen | Signs of bullying | What to do if a child is being bullied | What to say | Child's Response | Signs a child is bullying others | Bullying Roles | What can be done? | Local Authority responsibility | The effects of cyberbullying | Prevalence | Definition of cyberbullying | What constitutes cyberbullying | Cyberbullying as a method | Who becomes a cyberbully | Cyberbullying and the law | Bystanders | The role of social media | Impact and reasons for impact | How to respond to a disclosure: advice, report | The role of schools and the police | Anti-cyberbullying code - Stop, speak, Support