

Loss and Bereavement

Introduction

This interactive and engaging course tackles the tough subject of loss and bereavement. The course looks at different types of loss and how they effect people, including how adults, teenagers and children handle loss. You'll learn how to support the bereaving adult or child with practical tips and a thorough understanding of how to communicate with the bereaved.



Audience

This course is suitable for anyone coming into contact with adults or children, who need to know more about the types of loss and how to offer support. This could include:

- Care home staff
- Teachers and parents
- General public
- Health visitors
- General workforce such as office staff, managers

Objectives

In this course you will learn about:

- Coping with suicide
- Coping with sudden death
- Terminal illnesses
- Child bereavement
- The death of a child
- Disenfranchised grief
- The stages of grief
- Different reactions to loss
- Offering physical help
- Emotional help
- Parents who lose children
- Supporting children in grief
- The different ways children of all ages cope
- How to communicate death to a child
- Offering different types of help for different losses
- Grieving at work
- Listening and communication skills
- Registering a death

Modules

This course contains the following modules:

- | Module name |
|-------------------------|
| Grief |
| Supporting the bereaved |

Content

Here are some topics covered in this course:

Coping with suicide; Coping with sudden death; Terminal illnesses; Child bereavement; The death of a child; Disenfranchised grief; The stages of grief; Different reactions to loss; Offering physical help; Emotional help; Parents who lose children; Supporting children in grief; The different ways children of all ages cope; How to communicate death to a child; Offering different types of help for different losses; Grieving at work; Listening and communication skills; Registering a death; Death certificates; Know who to inform

- Death certificates
 - Know who to inform
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